

2018 NPC PUREBULK.COM Pacific Coast Championship

Judging 9 AM / doors open at 8:20 AM / Finals 6 PM / doors open at 5:20 PM

Fitness Routines

Junior Men (20 years & Under)

Novice Men Bodybuilding 165 ¼ lbs & Under / 187 ¼ lbs & Under / Over 187 ¼ lbs

Masters Men Bodybuilding A-Over 35 / B-Over 40 / C-Over 50 / D-Over 60 years

Women's Physique A - Under 5'3" / B - 5'3" & Over / C - Over 35 years

Classic Men's Physique A / B / C

Classic Masters Men Physique A - Over 35 / B - Over 42

Women's Bodybuilding

True Novice Figure A / B

Novice Figure A / B / C

Masters Figure A-Over 35 / B- Over 40 / C- Over 45 / D-Over 50

Open Men's Bodybuilding : Bantam, Lt-Weight, Middle-weight, Lt-Heavy and Super Hvy

Open Figure A / B / C / D / E

True Novice Men's Physique A / B

Novice Men's Physique A / B

Masters Men's Physique A-Over 35 / B-Over 42 / C-Over 50

Open Men's Physique Classes A / B / C / D / E

True Novice Bikini Classes A / B

Novice Bikini Classes A / B / C

Master's Bikini Classes A / B / C

Open Bikini Classes A / B / C / D / E



Presented By R.K. Smith Productions